

Security Concerns Arise

Safety Walk Misstep

By EMILY MONTGOMERY
Staff Writer

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The president pretended to be a student with two friends. Hamble continued the story for a couple minutes, even adding that the man looked like he was about to pull out a gun. Then, she stopped responding until an officer walked up from a lower deck.

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Midway Through the Semester, Four Reports of Sexual Offenses

By JESSICA MASULLI
and ERIC STEIGLEDER
Staff Writers

In the past three weeks on campus, the UMW police have reported four cases of either sexual assault or sexual misconduct. The increase in reports highlights the recurring issue of safety on campus and in Fredericksburg.

The first incident occurred on Sept. 13 involving a Virginia Hall resident. It was reported by a third party that there was an unfounded possible sexual assault. A similar incident occurred in an undisclosed location on Sept. 27 and again, on Sept. 28, this time in Westmoreland Hall. In all three incidents, the UMW police said that the victims declined to press charges.

The most recent report was of a possible sexual misconduct on Oct. 4 in Marshall Hall. The police reported this case as "unfounded," meaning there was insubstantial evidence to move the case forward.

According to one UMW victim of sexual assault, it is difficult to press charges.

"The [UMW] police aren't very cooperative," she said. "When I say cooperative, I mean they are intimidating to tell your story to. If I could do it over again, I would never have



Tess Buccigrossi/ Bullet

Blue lights in the courtyard of the UMW Apartments

gone to the police."

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Web Site Angers Faculty

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Social learning networks are online communities of students, educators and subject enthusiasts who are able to post and view educational material. Such websites include Cramster, Course Hero, Koofers, Grade Guru, Knetwit and SparkNotes.

These online communities have become increasingly popular over recent years. According to the *New York Times*, Cramster has 500,000 registered users and Course Hero offers three million student-submitted items from 400,000 college-level courses.

Additionally, SparkNotes gets more than 24 million hits a week, according to its website.

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Even though UMW posting is a recent phenomenon, UMW students need only a few clicks and a monthly fee, which is waived if they submit material,

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Squirrel Sparks Power Outage

By ERIN COX
Staff Writer

A rogue squirrel caused almost a third of campus to be without power for one hour on Sept. 25 at 4:20 p.m., said Pam Lowery.

According to Ruth Lovelace, director of emergency management and safety, the squirrel was pronounced dead on arrival.

"They attempt to jump from one area to another and touch ground and are basically instantly electrocuted," Lovelace said.

According to Lovelace, this type of incident is most likely the "leading cause of death to squirrels in the Fredericksburg area."

The power outage occurred on the Sunken Road side of campus, where the transformer that the squirrel came into contact with is located. Since it was external to campus, outside electricity technicians became involved, according to Pam Lowery, director of user services.

John Wiltenmuth, assistant vice president of Facilities Services, said Dominion Power was called immediately and had the power restored within an hour. UMW electricians were then responsible for resetting various internal electric circuits that were tripped when the power outage occurred.

The affected Sunken Road circuit controls electricity to the section of campus between Melchers Hall and

George Washington Hall, Lovelace said.

Sophomore David Presgraves was worried about the safety of his dorm building when the power is off.

"...Especially at night, can anyone leave and enter the building without a key or an alarm sounding?" said Presgraves.

In the event of a fire during a power outage, Lovelace said that the emergency systems would still work.

"All systems will still be activated...and both the sprinklers and the fire alarm will sound locally...[and] building specific," Ruth Lovelace explained.

From that point, Lovelace said, someone in the Residence Life building must call the Emergency Communications Room in Brent Hall to report the incident.

"[Campus has] several generators in various locations...that support the critical infrastructure," said Lovelace.

Also, the department of information technology (DoIT) web site outlines that card-key locks on various residential buildings do have a backup system and will still continue to operate during an outage, securing the safety of those within the dorms.

The DoIT web site says that most of UMW's services are out of commission until power is restored, including Ea-

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Freshman Trey Foster runs out of the foam covering the fountain Monday morning.

Courtesy of Steve Fuller



Jessica Masulli/ Bullet



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Although many students enjoy 'sudsing' the Monroe Fountain, chemical 'defoaming' agents are required to remove the detergent or soap from the fountain and its associated pump and circulations systems. Afterwards, the water must be chemically rebalanced in a treatment similar to swimming pool systems. John Wiltenmuth, associate vice president of Facilities Services, says that this process typically costs around \$300.

"Unfortunately, these chemicals are expensive and an incident may require several hundred dollars of chemicals plus the time and labor of our UMW Facilities staff," Wiltenmuth said. "The \$300 estimate is an accurate order of magnitude, excluding the value of the labor of our staff."

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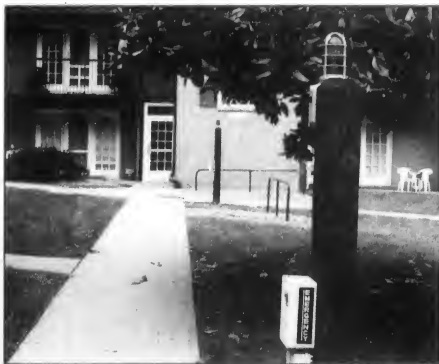
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By JESSICA MASULLI
Staff Writer

Sept. 28- A student reported that on Sept. 25 at around 3 p.m. a blue gym bag with the UMW logo on it was stolen from the lobby area of the Fitness Center. The bag was in an unlocked storage bin. Inside the bag was an EagleOne card, but there was nothing else of value. There are no suspects.

Sept. 28- A student reported that on Sept. 25 at 3:30 p.m. a note was left on the windshield of her car. The note was from an admirer. The student felt uncomfortable with the note, and thus contacted UMW police. The police

are waiting to see if any other developments occur.

Sept. 29- At 2:45 p.m., it was reported by an employee of the Copy Center that a case of blank CDs and one USB flash drive were stolen from the Copy Center in Seacobeck. The CDs were 700 megabits with 80 minutes of recording.

Oct. 2- Between Oct. 1 at 7:30 p.m. and Oct. 2 at 7:30 a.m., a blue and gray tall banner was stolen from the Recreation Field. The estimated value is \$600. UMW took down the second banner after the first one was stolen.

The police department would appreciate any information on the whereabouts of the banner.

Oct. 4- Between Sept. 11 at 11 p.m. and Sept. 12 at 3 a.m., it was reported that a possible sexual misconduct occurred in Marshall Hall. Upon investigation, the sexual misconduct was unfounded, and the case was cleared.

Oct. 5- Between 2 p.m. and 11:08 p.m., a mirror and soap dispenser on the fourth floor of Russell Hall were damaged. An RA reported the incident to campus police. There are no suspects.

This information was compiled with help from
Executive Director of Police and Security Services Mark Sandor.

Hample Tests Police, Waits Six Minutes

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derstand that the current software does possibly need to be upgraded. I know our police work very hard."

The police respond as quickly as they can while still being safe, according to Knick.

"We do not anticipate making any changes in protocol based on this incident," she said.

Sophomore Ashley Nixon, who was on the walk, said that she was surprised and worried that it took as long as it did for an officer to arrive.

The blue light system failed last year while being tested during another Safety Walk, when police could not locate the caller. Knick was reported then as saying that all problems related to human error would be eradicated once a new computerized blue light system is set up.

The rest of the night went as planned, covering not only the main Fredericksburg campus but also other areas that students often access, such as

the UMW Apartments and Hanover Street.

According to Sennet, the purpose of the safety walk is to discuss problem areas picked out by members of the Student Senate.

"I think the students have some great ideas, and we're going to work to fulfill them," Hample added. "Campus safety is a high priority."

Junior Lee Gilliam, a member of the Student Senate and SAVE, a student anti-violence organization, said that he has noticed increased safety around campus from a couple of years ago.

Senior Hassan Abdelhalim, president of the Student Senate, added that he thought a lot of good progress was made last year, and that this year even more progress will be made.

Many problems were addressed during the walk, such as loose bricks on various pathways, areas that needed extra lighting and the pathway that leads from College Avenue past Jepson Hall, which they are considering paving and lighting.

Theater Dept. Cancels Masters Classes

By ANNE ELDER
Staff Writer

Motivated by poor attendance in the first two master classes, students on the theater department mailing list received an e-mail last Wednesday announcing the cancellation of the remaining eight classes.

When asked about the cancellation, theater publicity representative Carly Maalouf said they had no comment on the matter.

The first two classes were held Sept. 19 and Sept. 26 and 27, respectively. Due to the amount of students in attendance and the future registration numbers, the department decided to cancel the upcoming classes.

"I was very surprised to see they were canceled, considering a lot of fairly distinguished guests had been invited, and many UMW professors who

are usually quite busy had planned to teach them," theater major Cassandra Lewis said.

"I simply hadn't registered yet because I have a million things to do on any given day, and the classes were scheduled pretty far into the future, so I thought I could wait a while," Lewis said.

The classes opened for registration beginning on Sept. 18 and were scheduled to occur until mid-November.

"A lot of what I've heard is that people didn't go because of short notice and it being on parent weekend," sophomore JB Bridgeman said. "I really think it was the short notice that kept it from getting attendance."

Another reason that may have impacted student participation was the publicity for the event.

"The e-mail they sent about it was pretty much the only advertisement for it, there were no posters or any-

thing," Bridgeman said.

Several guests were planned to bring their expertise to the UMW Department

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of Theatre, including alumni and department professors, as well as a guest professor from the University of Virginia.

The e-mail sent out to students stated, "Canceling the master's classes avoids embarrassing the department by having significant guest artists arrive on campus to find that none of our majors are interested in what they have to offer."

However, theater students do not feel there is a lack of interest within the department.

"I was disappointed the idea had been abandoned so quickly, and that the impression was set that the theater majors weren't interested—which I'm pretty sure wasn't the case. Most of the students I know are very interested in theatre and in learning in general," Lewis said.

The "master classes" were introduced in mid-September, offering one and two-day long workshops. The workshops focused on all aspects of theater, including speech, music, art,

photography, and theater work after college.

Special guest UVA Associate Professor Kate Burkes taught the first class on the vocal aspect of Shakespeare's work. UMW graduates Liz Beebe '04, Barbara Howlin '03 and Becca Murray '04 taught the second class. The class gave students insight into working in the film and television industry.

It giving students insight in working in the film and television industry. The cancellation announcement came after these two classes had occurred.

Many students thought that despite the lack of attendance, the classes would be beneficial to try again.

"I hope they do give us another opportunity," Bridgeman said. "We're so lucky as a department to get chances like this."

Sites Raise Concerns About Plagiarism

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to access documents of most courses. However, UMW posting is noticeably under-

developed except for in math and science classes.

"There seem to be two problems—the honor code violation one, and the copyright infringement one, which, since the latter is theft, is also a violation of the Honor Code," said Margaret Huber, chair of the department of sociology and anthropology.

Some students believe such web sites can be used in a positive manner.

"Maybe there is a problem with copying straight off the site, but I don't see a problem with using them as a class aid," junior Dan Grist said.

Others students are more skeptical.

"[These web sites are] not something I would necessarily be for...it definitely seems like an honor code violation. People don't need that type of material to succeed in class," sophomore Merry Saez said.

The UMW Honor System Constitution states that giving any academic material in a manner not authorized by the instructor is a violation of the Honor Code. The constitution also states that ignorance is not an acceptable alibi, and that this violation could result in permanent dismissal from UMW.

"Some faculty are concerned, not just because of the potential cheating aspect of all this, but because they have copyright to whatever they write...and that right is being violated with these postings," Huber said.

"[It is] not right to take my material and put it online for anyone to see without my permission...not because I want them secret...but because I have put a ton of work into my lectures," said Debra Steckler, chair of the department of psychology and associate professor of psychology.

David J. Kim, president and chief executive officer of Course Hero, disagrees with these notions. Kim said in the *New York Times* that his company "bring[s] the concept of study groups [online]...A student may know one or two people in their class but we wanted to provide an online community where you could connect with students from different colleges studying the same subject."

Another question raised by these sites is their accuracy.

"I thought it very strange to see a student post on my Western Civ course," Steckler said. As chair of the psychology department, Steckler does not teach a Western Civilizations course.

"The truth of the matter is that obtaining course materials from a website like that, in most cases, is an honor violation...I would hope that Mary Washington students would

be able to sort this out on their own," said Keith Mellinger, associate professor and chair of the department of mathematics.

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Ace your classes
with the help of Cramster.com's online study community...
...where you can find real help from students, educators, and subject enthusiasts.

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One of the many websites where students can obtain their instructors' course material.

Squirrel Zaps Power Line

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gleLink, Banner, Blackboard, UMW blogs, the entire UMW website, and EagleOne cards at beverage and snack machines.

For sophomore Arrington resident Colin Hess, the inability to access these services for a short period of time isn't a concern.

"I don't like power outages, but they

are part of life and they do indeed happen," Hess said. "The university is usually pretty good about power and hot water, so I'm not too angry or worried."

On the other side of campus, Sarah Delaney, a junior resident of Willard Hall, echoed Hess's response.

"Honestly, I think we have it better than a lot of people [that experience] power outages," Delaney said. "At home it goes out in windy weather, so it

has never really bothered me."

Off campus, Junior Jessica Hale misses the fast response time the university had when a power outage occurred.

"Living away from school, you lose the benefits of having the campus take care of those types of problems," Hale said. "Here if your power goes out, you have to notify the city and wait in line along with every other neighbor."

Correction:

In the article "Endangered' Clubs Warned by OSACS" in the Oct. 1 issue of the *Bullet*, Veronica Valentour's name was misspelled.

Viewpoints

Campus Safety Walk Shows Problems in Security Despite Blue Light Improvements

The administration is making an effort to make our campus safer, even if it is one baby step at a time. The annual Safety Walk, which occurred on Wednesday Sept. 30 led by Judy Ham-

ple herself, was an alleged success. The police department is said to have "passed" this year, which is an obvious improvement from last year's embarrassing "fail" when the police failed to locate which blue light the Safety Walk participants were near.

However, it still took the police six minutes to get to the site of Hample's "attack." On such a small campus, it stands to reason that the reaction could have been much quicker.

Also, one would think that the campus police department would over-prepare for this year's walk given the incident last year. The safety walks are no secret. They are announced far enough in advance for the police to have their crack team assembled and game plan prepared.

If the six-minute responders were our campus security's crack team, our university is in more than a little trouble. A student briskly walking to class can make it across campus in 10.

Not to say that our Fredericksburg campus is particularly unsafe, but safety has been on the minds of most students, parents and faculty since the heavily publicized sexual assault that occurred last year in the parking deck.

This semester, there have already been four reported cases of sexual assault or misconduct on campus. The majority of these cases happened within the residence halls however, and not outside on Campus Walk where the blue lights are located.

Even so, the blue lights are supposed to provide a sense of security for students walking the campus alone or just at night. That is why it is imperative that faith in them be restored.

A department that is allotted as much money as our entire athletics department needs to show results. Those results should not only include using bright, shiny new golf carts that rival those at the country club, for patrolling campus.

Security incentives also should not include refusing their well-advertised escort service. The Bullet has learned of at least two instances where students called for escorts and were either denied, or told they will have to wait as long as 30 minutes alone in the dark.

For more information on campus safety and the safety walk, see the News stories on page 1 and visit umwbulet.com to watch video interviews.

In short, improvement is good. "Pass" is much better than "fail." But the university should look carefully at what constitutes a "pass" and strive not only to pass but exceed standards.

Staff Editorial

The university should ... strive not only to pass but to exceed standards

Definition of Sex Not Necessarily Clear Cut

BY DAMIAN ALLEN
Guest Columnist

What is sex? Quick, before you go running to Webster, what is sex to you? Okay, before you go running to Wikipedia, it isn't that kind of question. Sex isn't simply a penis entering a vagina, although that may be the dictionary definition.

I realized that sex had to be much more flexible than that dictionary definition last year. I was talking with a good friend of mine who is a lesbian. As you might guess, the topic of sex came up. I was curious what she meant when she said that she'd "had sex" with someone. I had a sneaking suspicion that lesbians outside of pornography used strap-ons very infrequently. There had to be a different definition, a different meaning, for her. She explained that she felt sex was any time she penetrated her partner.

It seems that we'd both left the dictionary definition behind, and stayed surprisingly close to it.

What I would like to determine is not a definition of sex that takes into account homosexual as well as heterosexual actions, but rather a convincing explanation of what we should attempt to achieve with our sexual behavior.

I was not satisfied by my friend's description. I am clearly not a lesbian, but I would think that if I were, I would consider my partner and I as having sex if I were performing cunnilingus on her, regardless of whether or not there were any penetration.

Would stimulation of the genitals count, then? Rubbing your boyfriend's hard on through his jeans would count by that definition, and thus I find it lacking as well. Skin on skin contact between you and your partner's genitals? While this definition is unambiguous, it is again too vague.

I don't think we can define sex in those terms. I would argue that sex doesn't have to do with who is putting what where, how quickly, and with what sort of repetitive motion.

To me, what is important is how what you do makes you feel. Don't misconstrue my definition to require orgasms either. One can have sex with their partner without orgasm. I think our definition should be based on the emotional response we have to our sexual acts. When you have sex, it should be clear because of how close, connected, and emotionally attached you feel to your partner.

There are, I will admit, both strengths and weaknesses in this definition. The weakness is obvious: sex becomes ultimately subjective. If you and your partner perform exactly the same act as your best friend and his or her partner, one pair may not have had sex. There are strengths to this definition however. It (with a few exceptions) de-

scribes only healthy sexual behavior. Rape, by the dictionary definition of sex, is still sex, forcible as it might have been. Sex with an acquaintance, whom you don't know too well, would likely also not fit under this definition. As a counter point, this definition would also include very meaningful intercourse with someone other than your partner, which I would not necessarily describe as healthy.

Perhaps at this point I should make a further distinction. I believe what I am getting at is not sex, per se. Sexual intercourse isn't what you talk about with your friends, it's not what you giggle or gossip about. It is clinical. If I started talking about "sexual intercourse" at the dinner table, folks would wonder when I became so stuffy.

I think the better term to use in this case is "making love". This term is the one I prefer to use because I think it most accurately captures what I am referring to, and captures what I think should be the goal in sexual behavior.

If one refers to two men having sex, I would generally assume that they are having anal sex, but I would argue that two men making love would not have to indicate that type of intercourse. Two women making love, therefore, could include pen-

etration, cunnilingus, or any manner of battery-powered fun. Making love in a heterosexual relationship could be any of the above as well.

I am not ar-

guing that one must be monogamous, or that one must know a person for a set amount of time before making love. I am simply arguing that making love is the most emotionally and physically fulfilling of all sexual behaviors.

Sex is awkward. There are a million things you've got to get right. She has to be wet enough, he has to be hard enough, you both have to be comfortable and relaxed, you've got to get the lube in the condom, the condom on the dong, and then more lube on the outside; you've got to bite hard enough, soft enough, not at all; you've got to go fast enough, go slow enough, last long enough, be long enough; you've got to be a gentleman and make sure that she has an orgasm; you've gotta shift your weight, no, not like that...

I'm not saying sex is always going to be awkward, or even that your first time will be awkward. (It will be.) What I am saying is this: if you love and trust your partner, and your goal is physical pleasure for both of you and emotional fulfillment for both of you, that awkwardness really won't detract from the experience. Trying to have sex with someone who might laugh at you if you mess up is incredibly nerve-wracking. Trying to have sex with someone who will laugh with you when you mess up is incredibly stimulating.

sex n. One of two divisions, male and female, into which most living things are grouped; sexual intercourse.

Breanna Sveum/Bullet

The bare-bones definition of sex according to an old edition of Webster's Dictionary

Are your rants and raves about politics driving away your friends and family?

Do you have opinions on anything from same sex marriage to tax appropriations?

Are you itching for someone to listen to your views on politics, society, and life?



Image courtesy of Flickr user KatyBate

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Letter and Editorial Policy

The Bullet is always eager to receive letters to the editor and guest columns, and every effort is made to print them.

Letters should be submitted the Monday before publication. Letters should be no longer than 300 words, and columns should not exceed 700 words.

We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to the Bullet at 1701 College Avenue, Fredericksburg, VA, 22401-4666, delivered to our office in Seacobeck Hall or sent to our e-mail at umwbulet@gmail.com.

Opinions expressed in columns or letters to the editor do not necessarily reflect the views of the staff. Contact the Bullet at 540-654-1133.

Viewpoints

Discomfort of Car Sex Countered By Moving Outside of the Vehicle

BY GARRETT BETHMANN AND
KYLE HOFFMAN
Guest Columnists

Some of us have been there. On the way back from a date, driving someone home from a party.... The hormones flare up as they tend to do so often. And it's the beautiful immediacy of lust that overtakes the two of you, and it's now or never. It's car sex time.

It's a cliché scenario: the two lovers entangled in the back seat, muffled moans of pleasure fogging the windows. I blame "Titanic," to be honest. Clearly, the wagon those two were rolling around in is a little bigger than my Civic. No passionate Kate Winslet hand ever streaked down the steamy windows in my car. You needed both hands to keep your head from being thrust into the hard plastic siding. That wouldn't be as romantic, I guess.

My problem with car sex is that it's too damn cramped. Especially in smaller cars, the confinements of a backseat just really weren't made for great sex (of course, some could argue that all sex is great, but they simply haven't been riding the right rainbow to Pleasure-town). Arms are all tensed up, holding your body in the right position. You can't get a full thrust either because you can't get decent leverage and stomach movement or because you don't want to give your partner a siding-induced concussion.

Plus there's not much room for imagination. The only people able to fully enjoy a little movin' and groovin' in their wheels are those that own vans. Remove the seats in the back and you have a full-blown Shaggin' Wagon. The best car sex I ever had was in my parents' '02 Windstar with a bucket seat taken out. But most of us aren't ambitious enough to get a van for this

sole reason, nor that unfortunate to still be riding around in your mom's minivan looking for tail in college.

Don't get me wrong: I'm not completely against a little backseat Bang-a-Rang. I just think there's a better solution: The Great Outdoors. Open the door, and move the party outside. On the ground, on the car, hanging out of the front doors. Have a little fun with it and you could put a whole new meaning to bumper sticker. Really, having sex outside has all the benefits of car sex, and it's not restricted by that pesky stick-shift.

One of the main points of pleasure in parking your car and shacking up in the back is that there is the potential you could be caught. I've often had to dart naked into the driver's seat and speed away when the headlights come on behind my parked car, and it's certainly a rush. That's part of the beauty of car sex: the danger. Removing the semi-privacy of a car only amplifies that danger. It's not just an issue of being caught, you could be seen, and the inner exhibitionist in you will be out in full force. If you're having car-sex, it's probably late anyway. You'd be pulled over in a park or a school parking lot or some quiet suburban street, hiding in the shadows. You might as well venture out into the open and see what kind of wild sex beast a full moon will set free.

Believe me, put outside sex on your bucket list. You might get some nature where you never thought nature would get to, but it'll be worth it. Plus, we're animals, and animals were made to make it *au naturel*. If it was good enough for Adam and Eve, quite frankly, it should be good enough for you.

“I'm not completely against a little backseat Bang-a-Rang. I just think there's a better solution: The Great Outdoors.”

Facebook Relationship Statuses Create Gossip

Susannah Clark is now in a complicated relationship.

So read my Facebook page last week. I changed my relationship status to "It's complicated" half as a joke and half as a social experiment. The reaction from my friends was immediate: "OMG r u ok?" "What happened with u and ur bf?"

For the record, my boyfriend and I are happily still together, and our relationship is no less complicated then it was two weeks ago. Though this might change now that I've broken that "I'll never write about you in Susannigans" vow I made when we started dating. (Sorry babe.)

This Internet prank was really a test: I wanted to see just how seriously people take this social networking website. It seems that Facebook has become the end-all-be-all for non-confidential romance. The following exchange of gossip is typical amongst my friends:

"Did you hear that Buddy slept at Mary's house last night?"

"Yeah, but it's not Facebook official; they won't last."

Facebook has added a new step for budding relationships. Changing your relationship status on your profile is a sign of true commitment: you're okay with other people knowing you're dating someone. Refreshingly, my current boyfriend doesn't have a Facebook account, so my public relationship status has yet to become an issue.

Ending a relationship on Facebook is humiliating. While I'm okay with my friends knowing that my favorite films include "Muppets in Space," I'd rather them not be made aware I got my heart broken the night before. If it's posted on Facebook, people are guaranteed to over-analyze and make assump-

tions:

"Jack and Rosie broke up last night, did you see that?"

"Mhmm, except Rosie changed her relationship status to 'single' while Jack just took his off entirely. I bet that means she dumped him."

Sigh.

I got over that whole 'let's-broadcast-the-fact-that-I-have-a-boyfriend-and-you-don't' phase over a year ago. Like me, I find most people post their first serious relationship on Facebook, learn their lesson after the break-up and keep the box blank for future romances.

While I've found a way to stick it to Facebook-gossip-pushers by dubbing my relationship "complicated," others avoid the question by posting obviously fake relationship statuses. According to Facebook, many of my straight female friends are engaged,

married to, or better yet, "in an open relationship" with one another, though they make sure to list "Men" under the "Interested in" tab in case someone doesn't get the joke.

Come to think of it, I can't think of any instance where someone wasn't joking when they listed their relationship status as "it's complicated" or "in an open relationship." Perhaps

Facebook put those categories in there as a wink. They don't want us to take their pro-procrastination web forum as seriously as we often do. You don't have to be completely can-

did on the Internet. Don't give the Gossip Girls any tinders.

And really, when is any relationship not complicated?



Susannigans
By Susannah Clark,
Editor in Chief

“I got over that whole 'let's-broadcast-the-fact-that-I-have-a-boyfriend-and-you-don't' phase over a year ago.”

Baking and Homemaking Not A Step Backwards

College students should reclaim the domestic arts and produce delicious baked goods.

BY SARAH KELLY
Guest Columnist

The fall semester is well underway, and across our campus, the crisp days of autumn are once again upon us. A breeze is felt in the air and we begin to notice the trees sway on the walk to morning classes. A single yellow leaf falls to the ground, reminding us that the colors of the landscape will soon begin to change, adorning the hillsides with vibrant hues. We are reminiscent of childhood days. Days spent kicking through immense piles of leaves on the way back from the bus stop, the approach of the cool night as we played outside.

We are too reminded of the comforts of home: watching the tin of pumpkin bread rise in the oven, the delight of a mug of hot apple cider that greets you at the kitchen counter. These comforts are intrinsic to our quality of life, and yet we go without them.

As college students, most of us are far too busy with our studies to consider an attempt at baking beyond a Pillsbury brownie mix. It is not simply a question of time, however, but of lack of knowledge in this particular pursuit. Fifty years ago home economics was a required subject; however it has now all but disappeared from our education system. We can write papers on post-modern lit-

erary criticism, but cannot whip up a short crust to save our lives. The art of homemaking has become associated with a step backward in equality for women. Baking, in a sense, has come to represent the hours women have spent toiling over an oppressive stove since the beginning of time. It is imperative, however, to not let this significant part of our culture disappear.

I propose a reclamation of baking and homemaking for the modern college girl, or boy for that matter. We can certainly get our liberal arts education, all the while producing delightful sweet treats for our friends and family. Baking is truly not a fearful endeavor, but an agreeable pursuit that fills one's soul with a sense of achievement and happiness.

I have been on the path to domestic goddess enlightenment for quite some time now; spending years to find the perfect density for a blissful apple cake and just the right consistency of homemade blueberry jam. I hope to instill in all of you my love of baking in a simple and approachable way.

My ethos is quite plain: to produce the best quality, 100 percent homemade treats with minimal effort and anguish. This delicious recipe for peanut butter and chocolate bars can be made in the shake of a lamb's tail, and the best part is you won't even have to turn on your oven! I suggest

using only the best quality organic ingredients, particularly the chocolate and peanut butter in this recipe. It is truly the quality of the ingredients that separates your homemade confections from the store-bought variety. I originally procured this recipe from a book entitled *Nigella Bites* by Nigella Lawson, although I have made a few tweaks here and there in order for the recipe to reach the summit of excellence.

INGREDIENTS:

For the base:

½ cup dark brown sugar
1 cup graham crackers
1 cup powdered sugar
½ cup unsalted butter
1 cup organic creamy peanut butter

For the top:

7 ounces milk chocolate
4 ounces bittersweet chocolate
1 tablespoon unsalted butter

To make the base for the bars I would normally suggest using a food processor to turn the graham crackers into crumbs. However, unless

you have brought your kitchen-aid to college with you, this piece of machinery might be hard to come by. Instead, place the graham crackers in a sealed Ziploc bag. Beat into submission with large object of your choice. For the next step, mix all the ingredients for the base together in a bowl until a smooth consistency develops (a trick I use to eliminate stickiness when measuring the peanut-butter is to spray the measuring cup with non-stick spray).

Next, spray your 9 inch square pan with non-stick cooking spray. Spread the base mixture into the pan using a plastic spatula, pressing the mixture in compactly. Place in the refrigerator while you prepare the top.

To make the topping, put the milk chocolate, dark chocolate and unsalted butter in a microwave safe bowl. Melt on high in your microwave for approximately two minutes and spread the chocolate mixture over the base. Refrigerate until the bars are set, and cut into squares. I suggest placing each bar in an individual paper cupcake holder. Serve with a smile.

I hope that I have provided inspiration for you to become helpful in the home and handy in the kitchen. I wish each and every one my readers a pleasant and cozy autumn season, filled with all the contentment that domestic achievement can provide.



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Entertainment

Alice Cooper Terrorizes Crowd

Rock legend dies four times at Richmond venue

By EMILIE BEGIN
Staff Writer

Let me start out by saying that I'm a cardigan-wearing, a cappella group-singing, headband-collecting kind of gal. I really don't look like your typical hard rock fan and certainly not someone you'd expect to see at an Alice Cooper concert. Last week, that changed.

Concert Review

As an intern at a local radio station, I was able to get my hands on a pair of tickets to see Alice Cooper at the National Theatre in Richmond. I'm a casual Alice fan—I know his hits like "No More Mr. Nice Guy" and "I'm Eighteen," but have never bought an album or anything like that. The most elaborate show I had been to at that point was a Spice Girls' concert two years

ago, and that looked like a Kenny G concert after what I witnessed last week.

After a performance by opening band, Fifth Avenue Vampires, whose members include the original bassist for Alice Cooper, a large curtain with "Theatre of the Dead" written on it covered the stage, so no one could see what the set would look like.

About 20 minutes later, the curtain fell, and Alice, wearing a top hat with a skull and holding a cane, opened with the classic summer anthem "School's Out." A few songs in, Alice guillotined himself.

In fact, he died three other times that night: he was killed through lethal injection after the song "Poison," hanged, and finally, put in a torture chamber.

While this is normal for a guy who used to

decapitate baby dolls onstage in the '70s, it was unlike anything I had ever seen on stage. I had expected the unexpected at this show, but some of the unexpected was ending.

Among the crowd were parents, who were fans as teenagers, with their own teenagers who also listened to Alice. I had never pegged this as a concert that families would attend, but upon talking to a few parents

hard rock, or any music for that matter, doesn't have an age or type.

That night, while wearing both a headband and a cardigan, I raised the sign of the horns with my right hand and rocked out.



Emilie Begin/Bullet

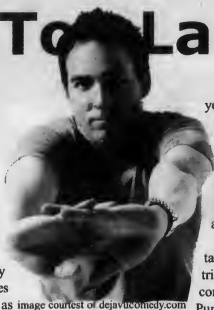
Ifft You're in the Mood To Laugh

By DREW CAMPBELL
Staff Writer

This Thursday, Oct. 8, the Underground will host stand-up comedian Eddie Ifft at 8 p.m. Ifft, a Pittsburgh native, got his start performing on the New York City comedy club circuit after graduating from the University of Pittsburgh. Ifft has also gained notoriety in recent years from his appearances on NBC's "Last Comic Standing," as image courtesy of dejavucomedy.com

Ifft's highly animated delivery is refreshing and his employment of observational humor is sure to strike a chord with any audience. His comedy addresses a wide variety of topics ranging from popular culture and Google to America's global image and life in college.

Extensive touring of the U.S., as well as significant international exposure, has garnered Ifft a diverse and wide fan base. In August of last



year, he performed his first 30-minute special for the Comedy Central program "Comedy Central Presents." Ifft has also performed with comedians like Dave Chappelle, Chris Rock and Robin Williams.

Ifft's routines, which have taken place in various countries spanning the globe, were compiled into "America the Punchline," a documentary that hinges on the central theme of how America is viewed around the world.

Toward the end of a rough week of midterms, what better way to take your mind off your schoolwork than going and having a good laugh? Since laughter is the best medicine, any good doctor would recommend taking a break from the stresses of school and heading over to the Underground to catch a few chuckles.

Top 5: Guilt-Free Cheating Tactics

By LANDON JAMES
Staff Writer

As the leaves start to change and fall begins to take over, there's usually only one thing on everyone's mind...how can I cheat on my girlfriend and get away with it? It's an important, pressing topic, and without my guidance, I'm aware that many of you would be utterly lost.

1. Wait Until Midnight

Deciding which time of day you would like to start your affair is very important. The morning just doesn't work, the afternoon is risking it, but come nightfall, let the infidelity begin! If you find that special someone you'd like to cheat with at the party, do not make a move until after midnight. This is very important, because anything done before that magic hour will land you a slap in the face and a new relationship status update on Facebook. So, don't forget to wear your watch when you're ready to get your boogie on.

2. Make "Friends" With the Neighbors

Something that we really lack today as a society is being friendly with each other. What happened to bringing cookies to your next-door neighbor or suitemates? Where have all our manners gone? Well, if you're looking for some extra spice in your life, cook up a batch of cookies with a big side dish of You. If anything happens to happen between you and your neighbor don't fret. Under the cheating guidelines, hooking up with a neighbor or suitemate is merely considered "being neighborly." No self-respecting girlfriend/boyfriend could get mad at you for being neighborly.

3. Keep it in the Family

Before you get ahead of yourself, by no means am I advocating incestuous bonding. On the other hand, people related to your significant other are completely fair game; after all, you're not related to them. Meeting the parents or attending birthdays, family reunions and funerals are all great opportunities to meet the most important people in your beau's family. It is up to your discretion which family member you choose to conquer, but if anyone asks just explain that it's a skeleton in the family closet. Once that is established, no one can question your fidelity, and after the funeral is over, you can safely and happily return home with your better half.

4. Do it in Public

If you are one of the many college students with absolutely no shame, then this is perfect for you. Instead of trying to creep in the shadows and duck behind buildings while trying to spread, go public! Any adulterous acts committed in public places absolutely do not count. This includes fountains, dining halls, campus walk, in class and even in the gym. If your girlfriend/boyfriend has the chance of seeing you by accident then they should know better. If you're out in public then everything you do is free game. If your significant other objects, merely explain that you could have done it in

private without the public watching, but that just isn't right. Always be on the lookout for a good public place to bring your love crush.

5. Get Drunk

This is the perfect excuse to tell your soul mate when they find you snuggled up in bed with a stranger the morning after the party. If you simply explain that the other person was drunk, your mate will understand completely. It's a universal concept that if two drunk people hook up then no third parties can get angry. It's a no-brainer, so if you got your eye on someone don't make a move until you both can't remember each other's names.

[Editors note: Landon James does not have a girlfriend.]



Off The RECORD

Super group of Conor Oberst, M. Ward, and Jim James produces interesting results, lacks cohesion.

By JASON SMITH
Staff Writer

From John Lennon to Neil Young to Death Cab for Cutie, all sorts of band associations are sure to come to mind while listening to the debut, self-titled album from folk super group, Monsters of Folk, which consists of Conor Oberst (Bright Eyes), M. Ward (She & Him), Jim James (My Morning Jacket) and producer Mike Mogis.

The album begins slowly with the odd, techno-folk-inspired "Dear God." Although, for a first track, the song may not be most representative of the band's talents, it doesn't entirely disappoint. From there, the album moves into the more upbeat "Say Please," before jumping into the 60's-inspired "Whole Lotta Losin'."

"The Man Named Truth" and "Baby Boomer" showcase the country influences of the band while "Ahead of the Curve" and "Losin' Yo Head" have stronger rock riffs with the melancholy "Slow Down Joe" thrown in for a nice contrast. The final songs of the album end the album on a soft, folksy note, which is very compelling at times, but somewhat musically uninteresting.

Monsters of Folk offer an interesting debut from the folk super group. Usually projects of this sort do not live up to expectations because musical egos tend to prevent a successful completion of this kind. However, Monsters of Folk appear to provide a somewhat cohesive, shared

effort with each contributor donating equally to the vocals throughout the album without one style completely dominating the others. Yet the album still has songs like "Temazul" which do not flow with the other tracks.

On the other hand, "Magic Maker" and "Map of the World" provide a colorful warm-up to the exceptionally composed "Sandman, the Brake-man, and Me," which contains hypnotic lyrics like, "This has to be the slowest train that I have ever seen / and the Sandman's waiting to be lowered in my dream." The album closes on a disappointing note with the unimpressive finale "His Master's Voice."

Overall, the debut album from Monsters of Folk is less than impressive. While some songs such as "Ahead of the Curve" and "Slow Down Joe" provide fresh, innovative songs fusing aspects of folk, country and rock together with new-age sounds, some of the songs like "Dear God," "Temazul" and "His Master's Voice" can be difficult to listen to in their entirety.

Monsters of Folk make a valiant attempt at the super group concept, occasionally showing signs of promise, but ultimately, not enough songs

on the album are of equal quality to commend this as a crowning achievement. Perhaps, after spending some time honing their individual talents into a group sound, Monsters of Folk's second effort will provide a more cohesive album that does not appear musically disjointed.

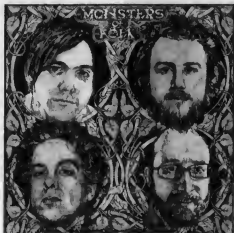


image courtesy of allmusic.com

"Monsters of Folk"
By: Monsters of Folk
Release date: 9/22



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Wednesday, October 21

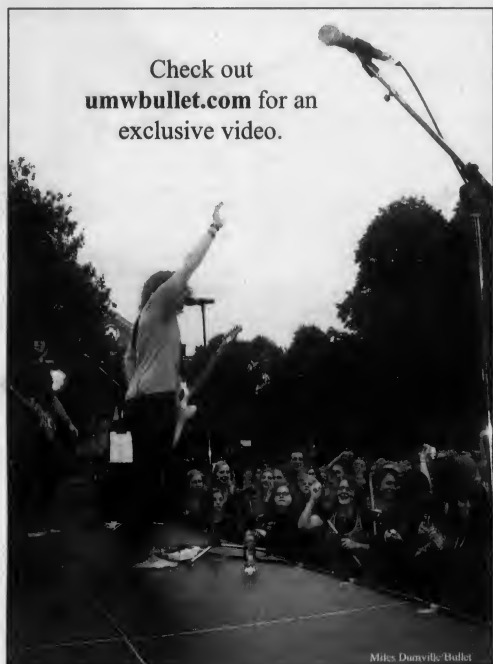
Information Session

Woodward Campus Center

For exact time and location contact:
Jessica Koehler at 202-692-1045
jkoehler@peacecorps.gov.

Entertainment

ROCKTOBERFEST '09



Check out
umwbullet.com for an
exclusive video.

Miles Dumville/Bullet

We the Kings entertained the crowd in Ball Circle last Friday, Oct. 2 at Giant Productions and Class Council-sponsored for this year's

Festival Celebrates Latino Food, Dance

By FEZ CASIM
Staff Writer

The Feria de UMW Festival is one of UMW's most festive events that many will remember for its music, dancing, traditional Latino dress and delicious, exotic foods. The festival, which was popular on campus last year, is part of Latino Identities Month, and is sponsored by the Latin Student Association (LSA) and the Latin Dance Club in collaboration with the James Farmer Multicultural Center.

The event will take place on Thursday, Oct. 8, from 4 p.m. to 6 p.m. in front of Lee Hall. Entry to this event is free. Feria is a Spanish word for carnival, and LSA has put forth everything to make this carnival a great success.

There will be many different cultural foods including grilled Peruvian chicken, yucca fries and fried plantains as well as traditional Latino

styles of music such as salsa, merengue, bachata and pop. LSA has also invited the Latin Dance Club to perform and teach students different types of Latin dances, including a traditional Bolivian dance.

LSA will also be giving out raffle tickets for prizes which include an MP3 player, DVDs and CDs. Many students came to this event last year to learn different cultural dances and try different cultural foods, and LSA is expecting a big crowd this year as well.

LSA is a student club organization that promotes awareness about Latino culture on the UMW campus. LSA also gives students opportunities to address issues affecting the Latino community in the U.S. and in Latin America. Its membership is comprised of students from all ethnic backgrounds, and the club encourages a spirit of diversity.

"You don't have to be Hispanic to join LSA," said LSA President, Omar Medina.



Students learn a traditional Latino dance at last year's Feria de UMW.



Bullet Points

Thursday,
October 8

•Giant Productions presents Eddie Ifft, one of the most traveled comedians in show business, at 8 p.m. in the Underground (see page 5 for story).

•WMWC-sponsored DJ Dance provides one last chance to bust out the dancing shoes before fall break. The dance party kicks off at the Underground at 10 p.m.

•Campus film buffs take note: The Orpheum Film Club screens "His Girl Friday" at 9 p.m. in Combs 139.

•From 4 to 6 p.m., the Latino Student Association and Latin Dance Club will host the Feria de UMW Festival in Ball Circle (see above).

October 9 -
October 12

Fall Break: go
home, do laundry,
carve a pumpkin.

Tuesday,
October 13

• The Josh Cramoy band welcomes students back from Fall Break with a genre-blending mix of soft rock, jazz and folk. Show starts at the Underground at 8 p.m.

•Aubade, Mary Washington's semiannual publication of poetry, art and prose, presents an open mic for students to read original or admired work. Follows the Josh Cramoy band at the Underground at 9 p.m.

Hip Hop legend to play UMW Homecoming

By RYAN MARR
Staff Writer

Giant Productions is bringing the hip hop back to UMW on Saturday Oct. 17 when Talib Kweli performs at this year's outdoor Homecoming concert on the rugby field. Thanks largely to the success of Lupe Fiasco on campus last year, Giant jumped at rapper Kweli's reasonable asking price in looking for a Homecoming artist this year. "A few of us in Giant had already seen [Kweli]," said Claire Copps, senior co-chair of Giant. "We know that he puts on a great live show."

Kweli, who gained attention back in 2001 for his work with Mos Def in hip-hop duo Black Star, is that rare commodity in the world of commercially viable rap music, skirting the line between critical adoration and album sales. His debut release, "Quality," is now widely respected for being one of the greatest rap albums of the decade and his latest album, "Eardrum," debuted at #2 on the Billboard 200 when it was released in 2007.

There's a good chance that Kweli, whose lyrics often contain pointed social and political commentary, will lay down something that, to the average UMW student, lands somewhere between Kanye West and a poli-sci lecture. Regardless, it will still be worth checking out the show, which is reserved for alumni and students only.

"I'm stoked," Copps said. "We have a hip-hop legend coming to UMW."



Image courtesy of iXmusic.com

HOMECOMING EDITION

Wednesday,
October 14

• Association of Residence Halls presents the UMW Pep Rally at 7 p.m. in Ball Circle.

Thursday,
October 15

• Class Council presents Lip Sync Contest in Dodd Auditorium at 8 p.m.

Friday,
October 16

• Student Government Association presents Homecoming Carnival in Ball Circle at 3 p.m.

• Cheap Seats Presents Drive-In Movie: "Transformers 2" in Ball Circle at 8 p.m.

Saturday,
October 17

• Giant Productions presents Talib Kweli at the Rugby Field at 7:30 p.m. (see inset).

• Student Government Association presents Fireworks Finale following the concert on the Rugby Field.

Features



Crafty Bastards Craft Fair

Photos by Emilie Begin and Jordan Kroll

The Crafty Bastards Craft Fair in Washington D.C. on Oct. 3 drew crowds for its one-of-a-kind handmade merchandise. (Below) Samantha Gordon creates something new on her pottery wheel that she brought with her to the fair.

D.C. Fair Attracts the Creative

By EMILIE BEGIN and JORDAN KROLL
Staff Writers

Frightening life-like marionette dolls, a suitcase with Flava Flav's face painted on it, and witty, yet borderline offensive homemade greeting cards were among several items available for purchase at the sixth annual Crafty Bastards Craft Fair held Saturday, Oct. 3 in the Adams Morgan neighborhood of Washington D.C.

The fair was "an exhibition and sale of handmade alternative arts and crafts from independent artists," according to its sponsor, Washington City Paper.

Over 150 vendors had booths set up showcasing art, jewelry, clothing and unconventional items, including Elli Scott, owner and founder of The Prick Cushion.

Scott makes stuffed felt penises and vaginas, often given as Bachelorette party and retirement gifts.

The phallic felt creations come in standard flesh tones, in addition to fluorescents and leopard print.

Scott also does custom "hand jobs," which are made to order per customers' requests.

Scott said these have become popular with divorcees, who have their ex-husband's name embroidered on their

penis and turn them into "voodoo dicks." Scott says that the best reactions come from parents who are okay with their children exploring the booth.

Scott even remembers an instance when a child took one of her pricks and proceeded to "pee" on his dad.

There were also artists at the fair demonstrating their craft. Samantha Gordon had her pottery wheel set up and was throwing a pot as she explained she began taking pottery classes six and a half years ago and is now the studio manager at the Hinckley Pottery studio located in the district.

Gordon said she enjoys traveling to fairs like Crafty Bastards because, "[she] gets to share what [she] loves

doing with other people."

It is artists like Scott and Gordon who inspired Kimberly Dorn,

Sara Dick, Tina Henry-Barrus and Kelly Rand to start the non-

benefits of buying handmade goods.

Hello Craft holds events that provide artists with tips on advertising and selling their goods online, in addition to planning field trips to various studios and shops where members can learn about different types of crafting.

Rand, the organization's program director, was at Crafty Bastards organizing free activities, such as button making, which allowed attendees to walk away with something they made themselves.

Many of the fairs attendees chose to buy higher priced handmade items, such as shirts, instead of cheaper, mass-produced counterparts. Rand said the purchases are influenced by the idea that there are always stories behind what people make, what materials they use and what process is involved.

"People come up to you and ask you, 'Where did you get this?' When it's from [whatever store], the conversation stops there," Rand said.

Gordon explained the price tag might be a bit steeper when buying handmade items, but that people appreciate the work that goes in to the product.

"People say, 'You bought that for how much?' but then it becomes their favorite piece and they keep coming back," Gordon said.

Rand thinks that people will buy

slightly more expensive, unique items, but also believes that, "a lot of education is involved in getting [them] to buy something handmade versus something mass produced."

For UMW Senior Lauren Milner, who attended Crafty Bastards, it is about helping people make a living. "Although I don't sell any of the things I make, seeing other artists trying to profit through their craft makes me want to hear their stories and see what they've been working on," Milner said.

Crafty Bastards is just one example of people buying locally handmade goods versus mass-produced items that cost less to make and buy.

The website Etsy, described as "a crafty cross between Amazon and eBay" in a 2007 *New York Times* article, is an online craft fair that never sleeps, where the customers can interact with the creator of the product they are purchasing.

Whether supporting local artists at a public event or online, buyers are able to purchase a unique product with an interesting story.

"I think the type of people who buy handmade are looking for that unique experience," Scott said as she began decorating a Halloween-themed penis.



profit organization

Hello Craft.

Based in the district, Hello Craft

is a national organization that promotes independent artists and crafters and educates the public on the

'World's Best, No Mess Grilled Cheese Sandwich'

Dorm Dining

With Beverly Scholnick

This style of preparing grilled cheese takes the simple sandwich to a new level. Frying the bread in butter gives it a sweet, nutty flavor, while the mayonnaise adds a creaminess and tanginess to the cheese that enhances its flavor and texture. A subtle garlic flavor harmonizes with the creamy ingredients to create a rich and savory dish. Finally, the unique assembly technique leaves the unbuttered side of the bread on the outside of the sandwich so that eating it won't result in greasy hands.

Ingredients:

2 slices of bread
1 Tbs butter
Garlic powder

2 slices American cheese
2 tsp Mayonnaise

Number of Servings: 1

Average Price Per Serving: 50¢

Directions:

1. Melt ½ Tbs butter in a frying pan on medium heat.
2. Add one slice of bread to the pan and cook until the bottom is golden brown, about 3-5 minutes.
3. Remove the bread from the pan and set aside. Melt the rest of the butter in the pan and add the second slice of bread. Stack the first slice of bread on top of the second, buttered side up. Place cheese slices on top, and cover for 2-3 minutes, until the underside of the bottom slice of bread is golden brown.
4. Remove all items from the pan.
5. Take the second slice of bread (the one without the cheese) and spread mayonnaise on the toasted side. Sprinkle garlic powder over the mayonnaise.
6. Put the two halves of the sandwich together, with the cheese and mayonnaise sides on the inside, and the uncooked sides of the bread on the outside.
7. Serve with cream of tomato soup and enjoy!



The garlic powder and the reverse-grilling technique make this grilled cheese sandwich recipe extra special.

Features

THAT'S WHAT SHE SAID....



By KAITLIN MAYHEW
Features Editor

At first glance, it's just another beauty pageant show. The hairstyles, fake eyelashes and behind the scenes meltdowns are all the same. But wait; those are five-year-olds. TLC's new reality show "Toddlers and Tiaras" follows these tiny contestants and their over-involved parents.

And over-involved is putting it lightly. These moms are decking out their toddlers in more makeup, fake hair and spray-tans than one of the girls from MTV's "My Super Sweet 16" would wear to their wedding.

And maybe it's just me, but the outfits look like they would have been overkill at the height of the '80s.

"My seven year old daughter McKenzie Jones is a hot mess," her mother Kim Jones said while on air.

I didn't know that it was desirable to have birthed a seven-year-old "hot mess." Don't most parents try to keep their daughters from reaching that label even as teenagers? Or forever?

Not these moms. The words "Mommy Dearest" run through my head as I watch Jones lacing up her daughter's white sparkly corset.

One mother did seem to have at least temporary doubts about treating her daughter like a living Barbie doll.

"I cannot spray-tan my five year old," she said. "Of course I ate my words."

You should never eat those words.

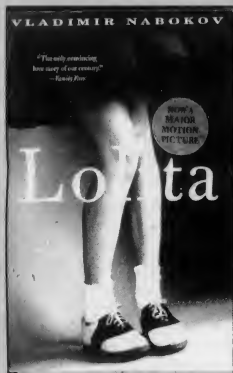
The show is unsettling to watch, but even more potentially upsetting is the fact that it screams "pedophile's dream come true."

The program is consists of a bunch of girls four to seven years of age many times scantily or seductively clad. Well, as seductively as a baby-faced toddler can be. They are then done up in every possible way and put into categories to compete for such labels as "Most Beautiful" or "Most Fashionable."

I do understand that show or not, these pageants exist. And that many of the moms and dads are not as crazy as the ones portrayed on TV, but the fact that the show is out there portraying and even encouraging that kind of behavior is frankly quite frightening.

Banned Books on Campus

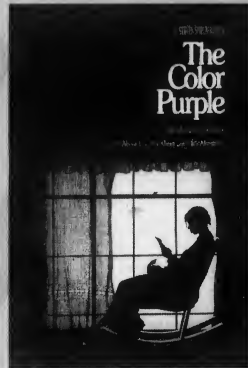
Banned Book Week was Sept. 26- Oct. 2 at the UMW bookstore. Celebrate your freedom to read and pick up one of the 'banned' books showcased below.



"Invitation" was banned in France, England, Argentina and New Zealand. It was banned because of its obscene material and because it makes light of the main character being a pedophile and his claims that the young girl seduced him. The ban was lifted in 1982, though it is still not altogether approved of.



"The Lorax" was banned in some schools and libraries in regions with timber economies. The reason why this book was banned was because of the insensitive outlook that the Lorax had on industry and how it destroyed the environment. Many people believed that it promoted an unfair anti-industrial agenda.



"The Color Purple" was banned not long after it came out and since has continued to be on the banned book list. It was banned because of the depictions of violence, sexual content, offensive language, poverty, homosexuality and racism that make up the majority of the book. Though it is a required reading material in many classes in college and high school, parents of many children still object to having this book read in school.

Compiled by Helena Schmidt

New Club Fights Sexual Assault

By ASHLEY JACOBY
Staff Writer

October is "Domestic Violence Awareness Month," and a new club on campus has activities in the works.

Student Anti-Violence Educators, or SAVE, is a new organization on campus that wants to promote and educate the Mary Washington community about domestic violence.

SAVE is the result of two groups merging together that created a more powerful organization.

Seniors Shelley Hillberry, Gwen Paulson, and Mike Dooley all worked at the Rappahannock Council Against Sexual Assault.

"We wanted to start this club on campus, so we went to OSACS and were surprised to find out about a similar club at UMW. Because our 'potential club' and this advocacy group on campus had the same message about promoting education and information on sexual violence, we decided to combine groups," Dooley said.

SAVE was an organization that had already been started by sophomore James Sennett as a sexual assault advocacy group. Sennett, who is the president as well, was inspired by an organization at the College of William



UMW colorguard performing with red flags at last year's 'Red Flag' event.

& Mary. He wanted to bring the same information to UMW, particularly because of the sexual assaults that have occurred on campus.

"In the past some groups have tried to launch a club like this, but have not been able to do it successfully," Sennett said.

SAVE has succeeding so far this semester due to strong student interest and attendance at meetings.

"That is the main objective of this group, to promote healthy relationships and behaviors," Paulson said. During the week of October 19 through 23, SAVE will have the annual "Red Flag Campaign." This campaign addresses relationship violence and endorses prevention of violence that occurs in relationships, especially with college-age students.

During that week there will be a

table at the Nest from 11 am to 3 pm with activities for students to participate in, like the Wishing Tree.

"The Wishing Tree" will be up and students will be encouraged to place notes on trees that pledge to not commit violence and bring awareness to the 'red flags' that come up in relationships," Dooley said. "We want students to be aware of them and act against them."

Bracelets reading "Say Something" will be given to students throughout the week.

"We want these items to be physical reminders to pass the torch on to others about promoting healthy relationships," Sennett says.

To end the week, there will be a musical event with performances from different student groups on campus including One Note Stand, Symfonics, and a jazz ensemble and people who have experienced or been exposed to violence will give testimonials to further raise awareness of the issue.

"Anyone who has been affected is welcome to talk. This could happen to anyone and everyone," Dooley said.

"People don't want to acknowledge that sexual violence happens," Hillberry said. "One in five college women will be sexually assaulted. It does happen."

SAVE wants to help those who have experienced violence or knows someone who has experienced violence. They hope to move towards providing training for their members about how to help victims of sexual violence. They hope to become a full advocacy group at Mary Washington.

Photo courtesy of SAVE

News

Outside the Fence



By HEATHER BRADY
Staff Writer

Regional- Fight over Wheelchair and Whiskey

A fight between two Culpeper men over a missing bottle of whiskey and a toppled wheel chair led to their injury and arrest, police said. The incident in Jeffries Alley about 6 p.m. Monday apparently began when a woman in a wheelchair, pushed by 47-year-old Craig William Caton, toppled over. According to a Culpeper town police press release, Caton and another man righted the wheelchair and the woman. Caton is accused of then making a comment to the woman that upset the second man, 51-year-old Louis Madrid Fernandez. Police said an argument ensued, then escalated amid concern over a missing whiskey bottle. Caton is accused of smacking Fernandez in the face with a chair and Fernandez is accused of stabbing Caton in the chest. Both were treated at Culpeper Regional Hospital and released, then promptly arrested. Caton was charged with misdemeanor assault and battery while Fernandez was charged with malicious wounding, a felony. Bond was set at \$2,500 for each suspect. Fernandez remains in jail. (The Free Lance-Star, Oct. 6; www.fredericksburg.com)

National- California Upset over Welfare Changes

As he pressed state lawmakers over the summer to close a record budget deficit, Gov. Arnold Schwarzenegger lathered scorn on the state's welfare-to-work program. He called it too lenient on the work requirement and overly generous in its benefits. At one point, he proposed eliminating it, then compromised to make it tougher. So Anna Zendejas, a welfare recipient in a farm town, was more than a little surprised to get a letter recently saying that she did not need to work to collect her check — in effect, a return to the much-derided welfare approach that existed before a national overhaul in the 1990s. It was no fluke. This fall, tens of thousands of Californians will be given a similar choice as the state embraces a startling reversal in some of its welfare policies for the next two years. It is a route that few are happy with, but that reflects the intersection of a recession, the worst fiscal crisis in the state's modern history, a governor determined to slash social services, and the unplanned effects of federal stimulus funds. (The New York Times, Oct. 6; www.nytimes.com)

Global- Obama not to Reduce Afghan Forces

President Obama told congressional leaders on Tuesday that he would not substantially reduce American forces in Afghanistan or shift the mission to just hunting terrorists there, but he indicated that he remains undecided about the substantial troop buildup proposed by his commanding general. Meeting with leaders from both parties at the White House, Mr. Obama suggested he was searching for some sort of middle ground, saying he wanted to "dispense with the straw man argument that this is about either doubling down or leaving Afghanistan," as White House officials later described his remarks. But as the war approached its eighth anniversary on Wednesday, the session underscored the perilous cross currents awaiting Mr. Obama. While some Democrats said they would support whatever he decides, others challenged him with deep skepticism about sending more troops. And Republicans pressed him to order the escalation without delay, leading to a pointed exchange between the president and Sen. John McCain of Arizona, his Republican opponent from last year's election. Mr. McCain told the president that "time is not on our side." He added, "This should not be a leisurely process," according to several people in the room. A few minutes later, Mr. Obama replied: "John, I can assure you this won't be leisurely," according to people in the room. "No one feels more urgency to get this right than I do." (The New York Times, Oct. 6; www.nytimes.com)

Got any great photos of Mary Washington scenes? People? Dean Rucker?



Courtesy of digitaldrops.com

Send them to
umwbulet@gmail.com, and you
might see them appear in an upcoming
Bullet edition!

Assault Victims Urged To Go to Hospital First

◀ ASSAULT, page 1

UMW sexual assaults or rapes because the campus falls under the jurisdiction of the UMW Police Department. The university police decide whether to take on the case themselves or request assistance from other local police entities.

"It's not up to the victim who is going to investigate the case," Bledsoe said. "They can request that the University bring in the Fredericksburg or [Virginia] State Police, but it's not up to [the victim]."

A student that is sexually assaulted should immediately go the hospital, even before contacting the police, according to Bledsoe.

By going to the emergency room at Mary Washington Hospital, a student can be treated for free by a S.A.N.E. (sexual assault nurse examiner) quickly. If a victim goes to the hospital, it does not mean the police will be called automatically or that the offender will be prosecuted.

"[The nurses at the hospital] provide counseling and go through the collection of physical evidence, which is critical," Bledsoe said.

For this reason, it is important that a victim not change clothes, shower, eat, brush teeth, urinate or drink before he or she is examined at the hospital. Even if a victim does not want to prosecute, it is important to have a physical exam to check for injuries or sexually transmitted diseases, according to the annual security report.

Going to the hospital is valuable not only from a medical perspective, but also for receiving information on services such as the Rappahannock Council Against Sexual Assault (RCASA).

"The city has a lot of great resources," Bledsoe said.

According to the anonymous victim, RCASA was not very helpful after her sexual assault.

"I called RCASA and went over, but they never called me back," she said. "I was told that it could take a number of weeks, but by that time, I wouldn't need it [counseling]."

"They need more resources for immediately after the sexual assault because that is the most important time," she said.

UMW also has resources available for students that are sexually assaulted. Students can go to the university's Psychological Services Center for free to receive confidential counseling, according to the annual security report.

"CAPS [Counseling and Psychological Services] is required to inform police if a sexual assault has occurred on or about campus, for statistical purposes, but, we are not required to supply any particular details," Associate Vice President of Student Affairs and CAPS Director Barbara Wagar said. Victims should seek emotional counseling and support immediately.

"The sooner you get it the better," Sandor said. "The University also encourages victims to prosecute alleged assailants to the fullest extent of the law," according to the UMW resource guide for Preventing and Responding to Sexual Assault, Sexual Harassment, and Stalking.

There are three options within the judicial system, depending on the assailant. A victim can file criminal charges with the police. If the case is accepted, the Commonwealth Attorney will argue the case for free and the identity of the victim will be protected, although the assailant will not

be protected, according to the resource guide.

Another option is to file judicial charges through the University, if both parties are UMW students.

"The campus judicial system examines whether or not university policy (not the law) is violated," the resource guide says.

According to Bledsoe and Wagar, the majority of sexual assault victims are well acquainted with their assailant.

"All of the rapes that occurred in Fredericksburg last year were committed by males that knew the victim prior to the attack," Bledsoe said. "There were no instances of random attacks."

Wagar recommends above all other

forms of safety precautions students need to be educated about what sexual assault is.

"Perhaps the best safety measure is educating all students about what constitutes sexual assault and/or misconduct," Wagar said.

Wagar discourages students from mixing alcohol with sexual contact,

UMW Crime Statistics from 2006 to 2008

	2006	2007	2008
Forcible Sex Offenses	6	3	4
Robbery	0	2	0
Aggravated Assault	0	1	3
Burglary	4	4	4
Larceny	102	86	66
Arson	2	4	2
Liquor Law Violation Arrests	1	8	24
Liquor Law Violation Referrals	349	331	244
Drug Violation Arrests	0	3	17
Drug Violations Referrals	0	4	2
Public Intoxication Arrests	13	22	25
DUI Arrests	0	1	3

Numbers compiled from the 2009 Annual Security Report

The anonymous victim went through the judicial process and did find some closure, but it did not provide the outcome she wanted.

"The judicial process is a good way to deal because it allows you to ask the assailant questions you wonder about," she said.

Students may combine a judicial hearing at UMW with criminal or civil prosecutions in the city court system. A civil prosecution requires an attorney.

If students feel uncomfortable with any of these options, they may also file a third party sexual assault report. These reports are "not counted as actual crime offenses unless they have been fully investigated by police," according to the resource guide. This method provides emotional assistance for the student and for the police in terms of gathering statistics.

"There are a lot of services available to victims," Sandor said. "We want to assure that students don't become victims."

Sandor recommends taking precautions to prevent sexual assault before even going out.

"Be responsible," Sandor said. "If you are going out to have a good time, go with friends, go to safe locations where you know people hosting the event, stick with your friends, leave with your friends and remember there are resources to get you back to campus safely."

The anonymous victim agrees. "Be careful who you trust," she said. "Don't be afraid to say no and stand up for yourself."

Another precaution is the Student Escort Service that operates nightly from 6 p.m. to 1 a.m., seven days a week. Students can still request an escort from the police department after these hours by using a blue light phone or calling campus police.

being unclear on consent and perpetuating common myths regarding assault. Approximately 11 percent of those who visit CAPS came to receive counseling regarding a sexual assault issue.

According to Executive Vice President Rick Hurley, the administration has taken steps to increase safety on the UMW campus as well.

"We have added security guards to the Sunken Road parking lot and added security guards to the parking areas at the Battleground," Hurley said. "We added two police officers to the campus police force so we can always have at least two officers on duty on all shifts."

The administration has also initiated a project to increase the number of emergency phones and lights on campus, as per the recommendation of the Student Government Association. Hurley also said that the university has decided to pay UMW officers more in order to maintain the highest quality police force.

Additionally, there has been a \$45,600 budget increase allocated for the new security guards stationed at Trinkle, Seacobeck, and the Battleground, according to Paul Messplay, executive director of budget analysis.

Hurley said the current economic situation will have no effect on safety funding.

"There are no plans to reduce the funding for campus safety," Hurley said.

While UMW has put more money into campus safety, some students think more is needed.

"Most sexual assault victims know the attacker," junior Cara MacDonald said. "Because of this I think our school needs a sexual assault resource center, to help men and women learn how to cope with their trauma."

Campus Resources

Counseling and Psychological Services	(540) 654-1053
Health Center	(540) 654-1040
Judicial Affairs and Community Responsibility	(540) 654-1660
Residence Life	(540) 654-1058
University Police (Non-emergency)	(540) 654-1025
University Police (Emergency Number)	(540) 654-4444

Community Resources

Rappahannock Council Against Sexual Assault	(540) 371-1666
Health Department	(540) 899-4142
Mary Washington Hospital	(540) 741-1100
Fredericksburg Police	(540) 373-3122
Virginia Commonwealth Attorney's Office	(540) 372-1040

Phone numbers compiled from the 'Preventing and Responding to Sexual Assault, Sexual Harassment, and Stalking' guide.

What's Up In Campus Dining?



Get To Know Us!

Meet Melissa Eads, Student Promotions Coordinator

Melissa is a UMW senior majoring in psychology, and she joined Campus Dining Services this fall as a Student Promotions Coordinator to help plan and implement special events and promotions for students. Currently she is helping to coordinate our "Helping Hands Across America" food drive, which is scheduled for November 12, so you will be seeing her hand at work in our Interest Meeting, Poster Party, Canned Food Sales, and other efforts surrounding the food drive. Melissa also serves as a Customer Advocate for our dining guests, soliciting your views and comments about service and responding to your concerns. Welcome, Melissa, to our dining team!



Got questions or Suggestions?

Join us for conversation & snacks in your residence hall! Each session will start at 8 PM. See you there!

October 5: Alvey & Custis
October 6: Jefferson & Mason
October 7: Russell and Virginia
October 8: Arrington & Marshall

October 19: Bushnell & Madison
October 20: South/Framar & Ball
October 21: Randolph, Westmoreland
October 22: Willard & Apartments

UPCOMING EVENTS

October 9 - 13: FALL BREAK! Dining facilities will be closed. Please check the dining web site for the closing and re-opening times of each specific dining room.

October 14: ITALIAN FESTIVAL DINNER! The Bistro Dining Room, 5 PM - 8 PM
Enjoy great music, lasagna, and other great Italian dishes! Cost is a Meal Plan "meal", or regular dinner charge.

October 14: PUMPKIN CARVING RESERVATIONS ARE OPEN!!
Enter the carving contest & you could win great prizes! Contest will be held on October 29 between 3 PM and 5 PM. You must reserve your pumpkin by October 23. Forms are available at Seacobeck cashier stations. Sign up now!

October 16: KARAOKE! Late Night at the Nest. 11 PM - 1:30 AM

October 19: "HELPING HANDS ACROSS AMERICA" INTEREST MEETING
Red Room at 5 PM.

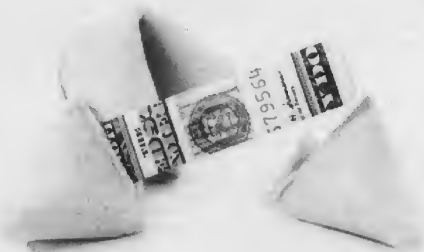
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Sports



Fantasy Football Corner

By ZACHARY MORETTI Start Em:
Sports Editor

QB- Tony Romo (Cowboys): Romo has struggled the past two games, throwing zero touchdowns in back to back games for the first time in his career. But Romo was great against a bad Tampa Bay defense in Week 1 and he gets to face a bad Kansas City defense this week, so look for him to rebound.

RB- Knowshon Moreno (Broncos): After a bad first week, Moreno has been strong three weeks in a row. He faces a solid New England Patriots defense, but Denver is committed to the run and, with Correll Buckhalter slowed with a sprained ankle, Moreno could get even more carries this week.

WR- Mike Sims-Walker (Jaguars): If you missed out on adding Sims-Walker before last week, you missed his huge game on Sunday (91 yards and two TDs). If he is still available in your league, go grab him ASAP. If you already have him, start him with confidence this week against a mediocre secondary.

TE- Tony Gonzalez (Falcons): Gonzalez was stellar the first two weeks of the year but then was a no show in Week 3 against the Patriots. Don't be scared by that one bad week. Gonzalez is a premiere fantasy TE, coming off a bye week and facing a terrible Rams defense. Start him with confidence.

K- Kris Brown (Texans): The Texans and Cardinals match-up should be an old fashion shoot out, so Brown should put up big numbers.

DEF- Dallas Cowboys: Last week we said one good week for this D wasn't enough proof. Last week this unit played better than the fantasy numbers showed and with a match-up against what seems to be a completely inept Kansas City offense, the Cowboys defense looks like a good start.

Sit Em:

QB- Eli Manning (Giants): Eli has been a great fantasy option up to this point, but he is now battling a foot injury and this week he faces an Oakland Raiders defense that ranks a respectable 13th in the NFL in pass defense.

RB- Michael Turner (Falcons): Turner has averaged just 3.5



Courtesy of the Associated Press

After not getting a single offensive snap in week 3, Steelers RB Rashard Mendenhall put up 191 total yards and two touchdowns last week.

YPC this year and he has a tough matchup against a San Francisco 49ers defense that is statistically the fourth best against the run.

WR- Steve Smith (Giants): The young Giants WR has put up the best fantasy numbers at his position this season. However, his QB isn't 100 percent and this week he will have to go toe-to-toe with one of the best corners in the game in the Raiders Nnamdi Asomugha.

TE- Kellen Winslow (Buccaners): You were advised to bench Winslow last week, and until further notice keep him on that bench. He faces another tough defense this week in Philadelphia and he still has a young, inexperienced QB at the helm.

K- Rob Bironas (Titans): The Titans offense has failed to give Bironas opportunities this year, so despite a solid match-up against the Colts, he isn't reliable enough to start.

DEF- Tennessee Titans: Coming into the season, the Titans D was considered one of the top fantasy defenses. However they have been terrible this season, particularly against the pass, and they face some guy named Peyton Manning this week.

Add Em:

QB- David Garrard (Jaguars): Garrard has been very underrated as a fantasy QB this season. He probably isn't a great long term add, but with a match-up against an average Seattle secondary, he could fill in nicely for those people whose regular QB's have a bye week.

RB- Rashard Mendenhall (Steelers): After a Week where he didn't get any offensive snaps at all, Mendenhall had a career day in week 4. With Willie Parker out, Mendenhall rushed for 165 yards, added another 26 yards receiving, and had two scores. With Parker questionable again this week, Mendenhall is a must add and start with Detroit on the schedule.

WR- Steve Breaston (Cardinals): Breaston has played two games this year and posted 83 yards in one and 94 yards in the other. He faces a Houston pass defense that has only put up decent numbers because of their total inability to stop the run. But The Cardinals are a passing team, so they'll attack this D through the air and should succeed.

TE- Heath Miller (Steelers): Miller was quiet before a great game this past week against the Chargers in which he posted 70 yards receiving and two TDs. He is a good red zone target for QB Ben Roethlisberger and with a game against the Lions this week, there could be many red zone opportunities.

K- Neil Rackers (Cardinals): Like Kris Brown, he

should take advantage of the match-up of two high powered offenses facing off against two sub-par defenses.

DEF- Miami Dolphins: This unit played inspired football and put up big numbers this past week against a young QB in the Bill Trent Edwards. They face another young gun this week in Mark Sanchez and the Jets QB is coming off a rough week of his own, so the Dolphins face him at a good time.

NFL Games of the Week:

Cincinnati (3-1) vs. Baltimore (3-1) (1 p.m. on CBS)
Atlanta (2-1) vs. San Francisco (3-1) (4:05 p.m. on FOX)
New England (3-1) vs. Denver (4-0) (4:15 p.m. on CBS)

Want More Coverage? Visit us online at umwbulletin.com

Week 4 Results

Stat Em:

- ✓ QB- Jay Cutler (141 Passing Yards, 2 TDs -- 8 Fantasy Points)
- ✓ RB- Matt Forte (121 Rushing Yards, 1 TD, 21 Receiving Yards -- 20 Fantasy Points)
- ✓ WR- Chad Ochocinco (24 Receiving Yards, 2 TDs -- 14 Fantasy Points)
- ✗ TE- Dustin Keller (31 Receiving Yards, 0 TDs -- 3 Fantasy Points)
- ✓ K- Lawrence Tynes (2 FGs, 3 PATs -- 9 Fantasy Points)
- ✓ DEF- Denver Broncos (10 Points Allowed, 5 Sacks, 1 INT, 1 Fumble Recovery -- 13 Fantasy Points)

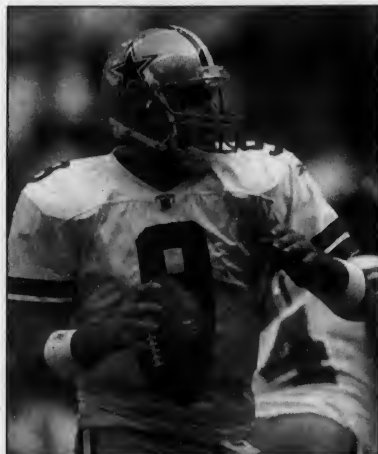
Sit Em:

- ✗ QB- Phillip Rivers (254 Passing Yards, 3 TDs -- 20 Fantasy Points)
- ✗ RB- Ryan Grant (51 Rushing Yards, 50 Receiving yards, 0 TDs -- 10 Fantasy Points)
- ✓ WR- Marques Colston (33 Receiving Yards, 0 TDs -- 3 Fantasy Points)
- ✓ TE- Kellen Winslow (21 Receiving Yards, 0 TDs -- 2 Fantasy Points)
- ✓ K- Nate Kaeding (0 FGs, 4 PATs -- 4 Fantasy Points)
- ✓ DEF- Dallas Cowboys (17 Points Allowed, 3 Sacks, 1 Fumble Recovery -- 6 Fantasy Points)

Add Em:

- ✓ QB- Shaun Hill (152 Passing Yards, 2 TDs -- 14 Fantasy Points)
- ✗ RB- Tashard Choice (33 Rushing Yards, 47 Receiving Yards -- 8 Fantasy Points)
- ✓ RB- Glenn Coffee (74 Rushing Yards, 31 Receiving Yards -- 10 Fantasy Points)
- ✓ WR- Mike Sims-Walker (91 Receiving Yards, 2 TDs -- 21 Fantasy Points)
- ✗ TE- Zach Miller (33 Receiving Yards, 0 TDs -- 3 Fantasy Points)
- ✗ K- Matt Prater (1 FG, 2 PATs -- 5 Fantasy Points)
- ✓ DEF- Cincinnati Bengals (20 Points Allowed, 5 Sacks, 1 INT, 1 Fumble Recovery, 1 TD -- 13 Fantasy Points)

Record: 13-6



Courtesy of the Associated Press

Cowboys QB Tony Romo has been a non-factor in fantasy the past three weeks. But with the Chiefs on tap this week, he should put up big numbers.

Equestrian Team Has Stellar Showing



Courtesy of Emma Max

Freshman Chelsea Chamberlain placed first in the intermediate over fences event at the Mount St. Mary's College show on Saturday. The UMW equestrian team finished second overall in that event on Saturday and placed first at the University of Maryland-Baltimore County Show on Sunday.

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October 20: South/Framar & Ball
October 21: Randolph, Westmoreland
October 22: Willard & Apartments

UPCOMING EVENTS

October 9 - 13: FALL BREAK! Dining facilities will be closed. Please check the dining web site for the closing and re-opening times of each specific dining room.

October 14: ITALIAN FESTIVAL DINNER! The Bistro Dining Room, 5 PM - 8 PM
Enjoy great music, lasagna, and other great Italian dishes! Cost is a Meal Plan "meal", or regular dinner charge.

October 14: PUMPKIN CARVING RESERVATIONS ARE OPEN!!
Enter the carving contest & you could win great prizes! Contest will be held on October 29 between 3 PM and 5 PM. You must reserve your pumpkin by October 23. Forms are available at Seacobeck cashier stations. Sign up now!

October 16: KARAOKE! Late Night at the Nest. 11 PM - 1:30 AM

October 19: "HELPING HANDS ACROSS AMERICA" INTEREST MEETING
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Sports



Fantasy Football Corner

By **ZACHARY MORETTI** Start Em:
Sports Editor

QB- Tony Romo (Cowboys): Romo has struggled

the past two games, throwing zero touchdowns in back to back games for the first time in his career. But Romo was great against a bad Tampa Bay defense in Week 1 and he gets to face a bad Kansas City defense this week, so look for him to rebound.

RB- Knowshon Moreno (Broncos): After a bad first week, Moreno has been strong three weeks in a row. He faces a solid New England Patriots defense, but Denver is committed to the run and, with Correll Buckhalter slowed with a sprained ankle, Moreno could get even more carries this week.

WR- Mike Sims-Walker (Jaguars): If you missed out on adding Sims-Walker before last week, you missed his huge game on Sunday (91 yards and two TDs). If he is still available in your league, go grab him ASAP. If you already have him, start him with confidence this week against a mediocre secondary.

TE- Tony Gonzalez (Falcons): Gonzalez was stellar the first two weeks of the year but then was a no show in Week 3 against the Patriots. Don't be scared by that one bad week. Gonzalez is a premiere fantasy TE, coming off a bye week and facing a terrible Rams defense. Start him with confidence.

K- Kris Brown (Texans): The Texans and Cardinals match-up should be an old fashion shoot out, so Brown should put up big numbers.

DEF- Dallas Cowboys: Last week we said one good week for this D wasn't enough proof. Last week this unit played better than the fantasy numbers showed and with a match-up against what seems to be a completely inept Kansas City offense, the Cowboys defense looks like a good start.

Sit Em:

QB- Eli Manning (Giants): Eli has been a great fantasy option up to this point, but he is now battling a foot injury and this week he faces an Oakland Raiders defense that ranks a respectable 13th in the NFL in pass defense.

RB- Michael Turner (Falcons): Turner has averaged just 3.5



Courtesy of the Associated Press

After not getting a single offensive snap in week 3, Steelers RB Rashard Mendenhall put up 191 total yards and two touchdowns last week.

YPC this year and he has a tough matchup against a San Francisco 49ers defense that is statistically the fourth best against the run.

WR- Steve Smith (Giants): The young Giants WR has put up the best fantasy numbers at his position this season. However, his QB isn't 100 percent and this week he will have to go toe-to-toe with one of the best corners in the game in the Raiders Nnamdi Asomugha.

TE- Kellen Winslow (Buccaneers): You were advised to bench Winslow last week, and until further notice keep him on that bench. He faces another tough defense this week in Philadelphia and he still has a young, inexperienced QB at the helm.

K- Rob Bironas (Titans): The Titans offense has failed to give Bironas opportunities this year, so despite a solid match-up against the Colts, he isn't reliable enough to start.

DEF- Tennessee Titans: Coming into the season, the Titans D was considered one of the top fantasy defenses. However they have been terrible this season, particularly against the pass, and they face some guy named Peyton Manning this week.

Add Em:

QB- David Garrard (Jaguars): Garrard has been very underrated as a fantasy QB this season. He probably isn't a great long term add, but with a match-up against an average Seattle secondary, he could fill in nicely for those people whose regular QB's have a bye week.

RB- Rashard Mendenhall (Steelers): After a Week where he didn't get any offensive snaps at all, Mendenhall had a career day in week 4. With Willie Parker out, Mendenhall rushed for 165 yards, added another 26 yards receiving, and had two scores. With Parker questionable again this week, Mendenhall is a must add and start with Detroit on the schedule.

WR- Steve Breaston (Cardinals): Breaston has played two games this year and posted 83 yards in one and 94 yards in the other. He faces a Houston pass defense that has only put up decent numbers because of their total inability to stop the run. But the Cardinals are a passing team, so they'll attack this D through the air and should succeed.

TE- Heath Miller (Steelers): Miller was quiet before a great game this past week against the Chargers in which he posted 70 yards receiving and two TDs. He is a good red zone target for QB Ben Roethlisberger and with a game against the Lions this week, there could be many red zone opportunities.

K- Neil Rackers (Cardinals): Like Kris Brown, he

should take advantage of the match-up of two high powered offenses facing off against two sub-par defenses.

DEF- Miami Dolphins: This unit played inspired football and put up big numbers this past week against a young QB in the Bill Trent Edwards. They face another young gun this week in Mark Sanchez and the Jets QB is coming off a rough week of his own, so the Dolphins face him at a good time.

NFL Games of the Week:

Cincinnati (3-1) vs. Baltimore (3-1) (1 p.m. on CBS)
Atlanta (2-1) vs. San Francisco (3-1) (4:05 p.m. on FOX)
New England (3-1) vs. Denver (4-0) (4:15 p.m. on CBS)

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Week 4 Results

Stat Em:

- ✓ QB- Jay Cutler (141 Passing Yards 2 TDs, 8 Rushing Yards, 1 TD -- 20 Fantasy Points)
- ✓ RB- Matt Forte (121 Rushing Yards 1 TD, 21 Receiving Yards -- 20 Fantasy Points)
- ✓ WR- Chad Ochocinco (24 Receiving Yards, 2 TDs -- 14 Fantasy Points)
- ✗ TE- Dustin Keller (31 Receiving Yards, 0 TDs -- 3 Fantasy Points)
- ✓ K- Lawrence Tynes (2 FGs, 3 PATs -- 9 Fantasy Points)
- ✓ DEF- Denver Broncos (10 Points Allowed, 5 Sacks, 1 INT, 1 Fumble Recovery -- 13 Fantasy Points)

Sit Em:

- ✗ QB- Phillip Rivers (254 Passing Yards, 3 TDs -- 20 Fantasy Points)
- ✗ RB- Ryan Grant (51 Rushing Yards, 50 Receiving yards 0 TDs -- 10 Fantasy Points)
- ✓ WR- Marques Colston (33 Receiving Yards, 0 TDs -- 3 Fantasy Points)
- ✓ TE- Kellen Winslow (21 Receiving Yards, 0 TDs -- 2 Fantasy Points)
- ✓ K- Nate Kaeding (0 FGs, 4 PATs -- 4 Fantasy Points)
- ✓ DEF- Dallas Cowboys (17 Points Allowed, 3 Sacks, 1 Fumble Recovery -- 6 Fantasy Points)

Add Em:

- ✓ QB- Shaun Hill (152 Passing Yards, 2 TDs -- 14 Fantasy Points)
- ✗ RB- Tashard Choice (33 Rushing Yards, 47 Receiving Yards -- 8 Fantasy Points)
- ✓ RB- Glenn Coffee (74 Rushing Yards, 31 Receiving Yards -- 10 Fantasy Points)
- ✓ WR- Mike Sims-Walker (91 Receiving Yards 2 TDs -- 21 Fantasy Points)
- ✗ TE- Zach Miller (33 Receiving Yards, 0 TDs -- 3 Fantasy Points)
- ✗ K- Matt Prater (1 FG, 2 PATs -- 5 Fantasy Points)
- ✓ DEF- Cincinnati Bengals (20 Points Allowed, 2 Sacks, 1 INT, 1 Fumble Recovery, 1 TD -- 13 Fantasy Points)

Record: 13-6



Courtesy of the Associated Press

Cowboys QB Tony Romo has been a non-factor in fantasy the past three weeks. But with the Chiefs on tap this week, he should put up big numbers.

Equestrian Team Has Stellar Showing



Courtesy of Emma Max

Freshman Chelsea Chamberlain placed first in the intermediate over fences event at the Mount St. Mary's College show on Saturday. The UMW equestrian team finished second overall in that event on Saturday and placed first at the University of Maryland-Baltimore County Show on Sunday.

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Sports

MLB Playoffs Underway

By ZACHARY MORETTI
Sports Editor

The long baseball regular season has come to a close and now the playoffs are here. Who will be crowned 2009 World Series Champs? Can the Phillies repeat? Will the Yankees capture their first title since 2000? Tune in to FOX and TBS to watch the games and find out. Now here are my Divisional Series predictions:

American League

Boston Red Sox vs. Los Angeles Angels of Anaheim

The Angels won the AL West and posted the second best record in all of baseball, but they face the AL Wild Card Red Sox, a team that has had their number in the playoffs. Boston eliminated Los Angeles from postseason contention each of the last two seasons and Boston is 4-0 all time against the Angels in the playoffs. The Angels will try to end that drought this year, but it will not be an easy task.

Overview: The Angels are a complete team. They can score runs any number of ways and that helped them score the second most runs in baseball. Los Angeles was first in the majors in batting average, third in stolen bases, and 11th in home runs. They have speed all throughout the batting order, IB Kendry Morales exploded to become a feared power hitter in the middle of their lineup, and with slugger Vladimir Guerrero healthy the team has another power bat. Los Angeles is also very good defensively, as they too were tied for sixth in the MLB with a .986 fielding percentage. Their starting rotation is probably the deepest in all of baseball with five very good starters and their bullpen was great all season long with things being closed out by MLB saves leader Brian

won to advance, but getting past the Bronx Bombers in the playoffs will be an even greater challenge.

Overview: New York's strength is clearly their great lineup, led by 1B Mark Teixeira and SS Derek Jeter, which scored the most runs in the MLB this season. The Yankees also led with majors with 244 home runs and they had seven players hit 20+ homers. They have the deepest lineup in baseball, with All-Star caliber players at almost every position and anyone from 1-9 in their order can beat you. They don't run all that often, as they were only 11th in steals, but their hitting is so good that they don't really need to gamble either. Their starting pitching is pretty good too, headed by a work horse in LHP CC Sabathia, and their bullpen was stellar after early season struggles and is led by the greatest closer of all time, Mariano Rivera. Defensively New York was solid but not great, as they were tied for 10th in the league in fielding percentage.

The Twins' strength is their very good lineup that scored the fifth most runs in the majors and they are great at manufacturing runs. The problem is that their strength is also the Yankees strength, and New York is better at scoring runs than the Twins. Another problem is that the team is without slugging 1B Justin Morneau, who is out for the year with a stress fracture in his back. Minnesota does still have AL MVP candidate Joe Mauer to go along with the hot hitters in

DH Jason Kubel and RF Michael Cuddyer. The Twins are also an outstanding fielding team and they ranked third in baseball with a .987 fielding percentage. The starting rotation is mediocre and they lack a stud at the top of the rotation. Not only that, but their rotation is all out of sorts right now as Minnesota had to use all their starters just to get into the playoffs, so it's unclear how their rotation will shape up. Their bullpen is rock solid, with veteran closer Joe Nathan at the back end of it.

The Biggest Advantage for New York - Rest: One could say hitting, as it will be really hard for any team to out-slug the Yankees. But New York's biggest edge is that they clinched their division and the best record in the AL long ago, which allowed them to rest their players and set up their rotation the way they wanted for the postseason. Meanwhile, the Twins were simply fighting to get into the playoffs and had to fight tooth and nail not just to the end of the regular season, but an extra tie-breaker game as well. No one on Minnesota is rested and now they have to face a team that's not only better than them, but one that's been resting comfortably for this series for quite some time.

Biggest Advantage for Minnesota - No Pressure: There is absolutely no pressure on the Twins at all. They are playing with house money and they are the biggest underdog in the entire playoffs. Minnesota was three games out with four to play, and they somehow tied the Detroit Tigers, forced a one game playoff, and won that in 12 innings to advance to the ALDS. They have the worst record of any team to qualify for the postseason and they face the team with the best record of any team in the playoffs. The Yankees have to win a World Series this year in order for the season to be consid-



Courtesy of the Associated Press

St. Louis SP Chris Carpenter has returned from Tommy John surgery and his phenomenal play has the Cardinals in a position to make a postseason run.

ered a success while Minnesota is already glad to have a playoff berth on their resume for this season. Furthermore, the Yankees have marquee guys on their team like Alex Rodriguez, Mark Teixeira, and CC Sabathia who have failed to come through come playoff time. If these guys struggle again under pressure like they have in past seasons, New York could be in trouble as they face a team with nothing to lose.

Prediction - Yankees in 3: The Yankees are simply too good for Minnesota. New York has better hitting and pitching and the Twins used up too much just to get to this point. New York moves on for what should be an epic Yankees/Red Sox ALCS.

National League

Colorado Rockies vs. Philadelphia Phillies

Philadelphia won the NL East and the reigning champs look to defend their crown and repeat as World Series Champs. They face a Rockies team that found new life when they switched managers in late May and put Jim Tracy in charge. Since that switch, the Rockies went 74-42 and surged into the playoffs as the NL Wild Card.

Overview: The Phillies strength lies in their lineup that touts outstanding 2B Chase Utley along with two former NL MVP's in 1B Ryan Howard and SS Jimmy Rollins. Philadelphia was fourth in the majors in runs scored, they were tied for second with 224 home runs, and they were seventh in stolen bases. The team was also great defensively as they were tied for third in Major League Baseball with a .987 fielding percentage. The starting pitching has been up and down, but when it comes down to it they are pretty strong with two very good LHP's in Cliff Lee and Cole Hamels. The bullpen is an issue, as closer Brad Lidge has had a terrible season, and if the Phillies falter it will most likely be because of this weakness.

Colorado's best asset is the team's hitting as they were sixth in the big leagues in runs scored. Their offense has a good mix of young and old with up-and-coming SS Troy Tulowitzki leading the team as the best offensive player while veterans like 1B Todd Helton and RF Brad Hawpe also contribute. The Rockies aren't anything special as far as speed goes as they were 12th in the league in stolen bases, but they were a good fielding team as they were tied for sixth in the majors in fielding percentage. The starting pitching is solid and led by RHP Ubaldo Jimenez while the bullpen was also very good throughout the season and they look strong heading into the postseason now that closer Huston Street is back healthy.

Biggest Advantage for Philadelphia - Starting Pitching: The Phillies don't have the best starting pitching in the playoffs this year, but in a five game series to have Cliff Lee and Cole Hamels pitch three of the five games is a big advantage because both of those guys are better than anyone on the Colorado staff. Ubaldo Jimenez, Aaron Cook and Jason Marquis are solid pitchers, but they aren't going to help carry a team through the playoffs.

Biggest Advantage for Colorado - Bullpen: The Rockies pen has been great down the stretch. RHP Rafael Betancourt has been great since Colorado acquired him from the Indians, LHP Franklin Morales emerged late as their 8th inning man and closer Huston Street converted 35 of 37 save opportunities on the year. On the other side, the Philadelphia bullpen has been terrible. Closer Brad Lidge has an ERA of 7.21 and has blown an MLB high 11 saves this season. The team might need to switch to RHP Ryan Madson as their closer, but Phillies manager Charlie Manuel seems reluctant to do so and his faith in Lidge could cost Philadelphia a chance to advance in the playoffs.

Prediction: Phillies in 4; Philadelphia has bullpen issues, but they are still a great hitting team with good starting pitching. And while

neither Cliff Lee nor Cole Hamels are power pitchers, that starting pitching duo is better than anything Colorado has. The defending champs keep their repeat hopes alive as they advance.

St. Louis Cardinals vs. Los Angeles Dodgers

The Dodgers enter the playoffs with the best record in the National League and were the champions of the NL West. They face a very dangerous St. Louis team who got into the playoffs as the NL Wild Card and tout the best player in the game along with two of the best pitchers in the sport.

Overview: Los Angeles isn't stellar in any category, but their strength would still have to be hitting. The team has talented sluggers all over the field, but especially in the outfield with LF Manny Ramirez, CF Matt Kemp, and RF Andre Ethier. The team isn't great offensively, as they ranked 11th in the league in runs scored, and they don't crank out many home runs as the team was just 23rd in the majors in that category. The Dodgers can manufacture runs with their speed as they were eighth in baseball with 116 steals. Defensively the Dodgers were very good as they were tied for sixth in the major leagues in fielding percentage. The starting rotation is a bit shaky. Former ace Chad Billingsley has struggled so mightily that he might not even start for the team in the postseason and starting pitcher Hiroki Kuroda will miss the NLDS due to a neck injury, leaving the Los Angeles rotation very thin. The bullpen is extremely talented and the eighth and ninth innings are pretty much locked down when relievers George Sherrill and Jonathon Broxton enter the game.

The Cardinals strength is clearly their starting pitching. RHP's Chris Carpenter and Adam Wainwright have been so good this year that they are both in the running for the National League Cy Young award. The bullpen was also solid as the team found a very good closer in RHP Ryan Franklin. The hitting wasn't very good, as St. Louis ranked 18th in runs scored, but they do have some talented hitters in LF Matt Holliday and RF Ryan Ludwick. And of course, who could forget the Cards 1B Albert Pujols, who should win his second NL MVP in as many years. The team isn't really a threat to steal bases, as they were 23rd in the majors in that category, but they are solid defensively and ranked 10th in baseball with a .985 fielding percentage.



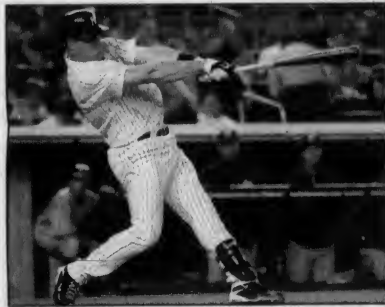
Courtesy of the Associated Press

If the Phillies have a chance at repeating as World Series Champs, they have to get closer Brad Lidge back on track.

Biggest Advantage for the Dodgers - Hitting: The Dodgers are a solid hitting team led by CF Matt Kemp and RF Andre Ethier. However, if they are going to go anywhere in the playoffs they need LF Manny Ramirez and C Russell Martin to break out of their long slumps and start mashing the ball the way they are capable. St. Louis is a decent hitting team but they rely a lot on the home run ball and on star 1B Albert Pujols. The Cardinals will need LF Matt Holliday and RF Ryan Ludwick to step up and have a good series so that Los Angeles can't pitch around Pujols.

Biggest Advantage for St. Louis - Starting Pitching: The Cardinals tout two of the premiere pitchers in baseball in starters Chris Carpenter and Adam Wainwright. The two stud pitchers combined to go 36-12 on the season with an ERA in the mid-2's and over 350 strikeouts. Meanwhile, Los Angeles has a very weak starting staff. With RHP Chad Billingsley's problems and RHP Hiroki Kuroda's neck injury, the Dodgers are without an ace and the first two games of the series will be started by LHP's Randy Wolf and Clayton Kershaw. This is a huge advantage for St. Louis.

Prediction: Cardinals in 4 games: Once again, great power pitching wins in October and the Cardinals have two NL Cy Young Candidates on their staff to go along with the best hitter in the game today. St. Louis gets out of the first round and moves on to the NLCS.



Courtesy of the Associated Press

Yankees 1B Mark Teixeira has been in the middle of a New York lineup that has been a juggernaut all season.

Futures.

The Red Sox have one of the best 1-2 punches when it comes to starting pitchers in LHP Jon Lester and RHP Josh Beckett. The team also has one of the best bullpens in the league anchored by outstanding closer Jonathon Papelbon. Not only that, but on offense Boston scored the third most runs in all of baseball. They don't have a ton of speed, but CF Jacoby Ellsbury led the league in steals with 70 and he's a threat every time he gets on. The reemergence of DH David Ortiz has been huge for Boston, as has the mid-season acquisition C/1B Victor Martinez. The Red Sox are also sound defensively as they ranked sixth in the majors with a .986 fielding percentage.

Biggest Advantage for the Angels - Speed: Boston allowed 151 steals in the regular season, by far the most in the majors, and they threw out a putrid 13 percent of base stealers. This plays perfectly for the Angels, who as previously stated were third in steals in all of baseball. Los Angeles stole 148 bases, had 5 players steal 10 or more bases including two who stole 30 or more.

Biggest Advantage for Boston - Starting Pitching: While the Angels may have the deepest rotation in baseball, they lack a true No. 1 stud to help carry them in the playoffs. The Red Sox happen to have two aces in Lester and Beckett and that is a big reason why they can make a run at a World Series title.

Prediction - Red Sox in 5 games: The Angels are a really good team and this series could go either way, but great power pitching wins in October and Boston has two aces on their side.

Minnesota Twins vs. New York Yankees

New York won the AL East, finished with the best record in all of baseball, and they have home field advantage throughout the postseason. They also caught an other break when the Twins and Tigers remained tied atop the AL Central through 162 games, thus forcing a tie-breaker to be played the day before the ALDS series was set to begin. Minnesota



Courtesy of the Associated Press

Red Sox SP Josh Beckett is 7-2 with a 2.90 ERA and 96 strikeouts in his postseason career. However he is battling back spasms, and Boston needs him healthy if they are to make a run.